Evaluation of the TomoTherapy Planning Station Heterogeneity Correction Algorithm Using an Anthropomorphic Phantom

David Followill, Ph.D.

Andrea Molineu, M.S.

John McGary, Ph.D.

Geoffrey Ibbott, Ph.D.



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Introduction

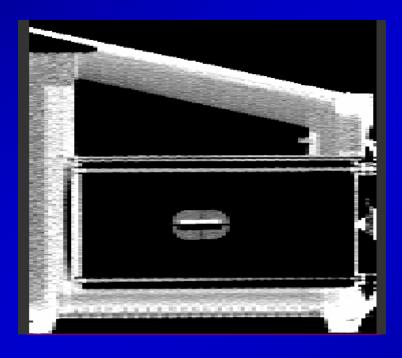
- Previous studies of lung density corrections
 - based on slab phantoms
 - simple beam geometries
- Current generation convolution based algorithms should provide better dose estimates
- Limited data is available verifying the accuracy of treatment planning systems in an anthropomorphic phantom
- Differences between implementations of heterogeneity correction algorithms needs to be quantified before applying them in multi-institutional clinical trials

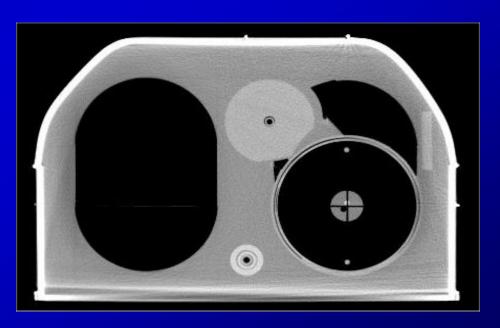
Objectives

- Evaluate the TomoTherapy Planning Station's heterogeneity dose calculation algorithm using the RPC's anthropomorphic lung phantom.
 - Develop a clinically conformal treatment plan for the lung insert with a centrally located tumor.
 - Measure delivered doses by these treatments using TLD and radiochromic film.
 - Compare measured and calculated dose distributions based on the TG-53 criteria of $\pm 5\%/5$ mm.

• RPC's Anthropomorphic Thorax Phantom

- Simulated heart, spine, lungs, and lung tumor heterogeneities
- Tumor located centrally
- TLD (Tumor, Heart, Cord)
- Radiochromic film (Axial, Coronal, and Sagittal)



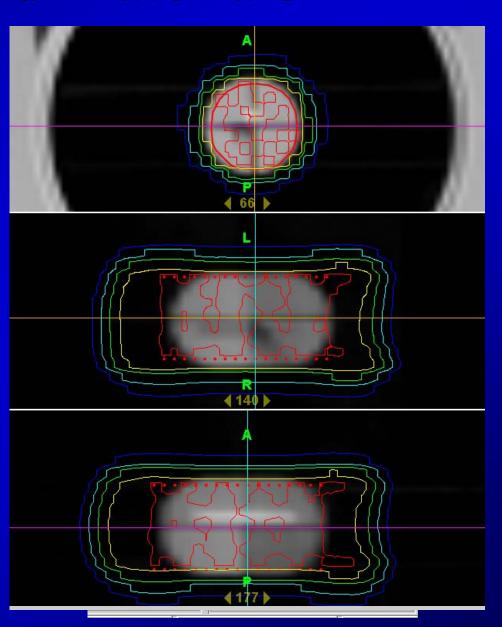


Doses per MV CT

MV CT Irradiation	PTV Sup (cGy)	PTV inf (cGy)	Cord (cGy)	Heart (cGy)
1	1.23	0.98	1.05	1.08
2	1.00	1.01	1.11	1.05
3	0.99	1.00	1.14	1.07
average	1.06			
std dev	0.07			

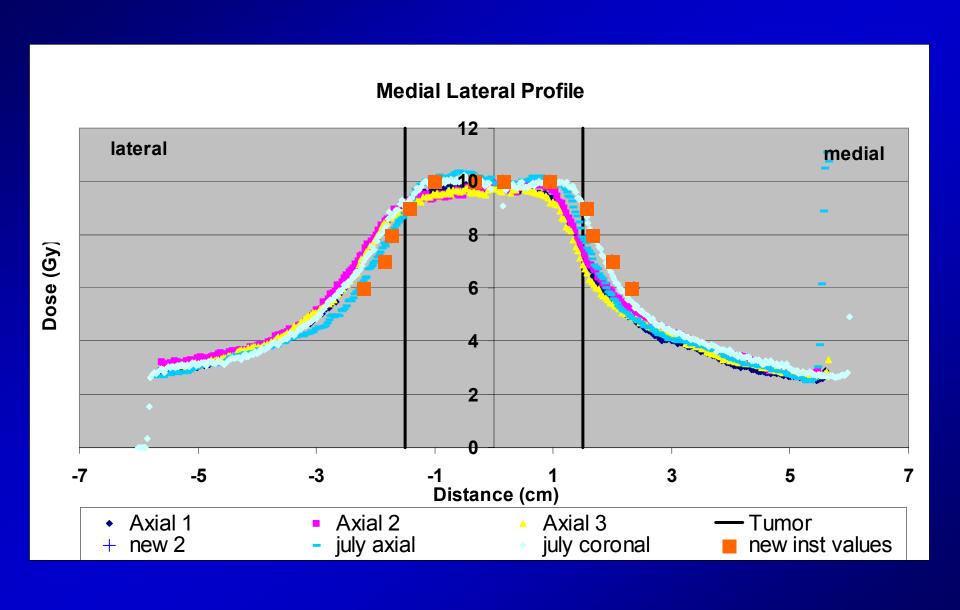
Methods and Materials

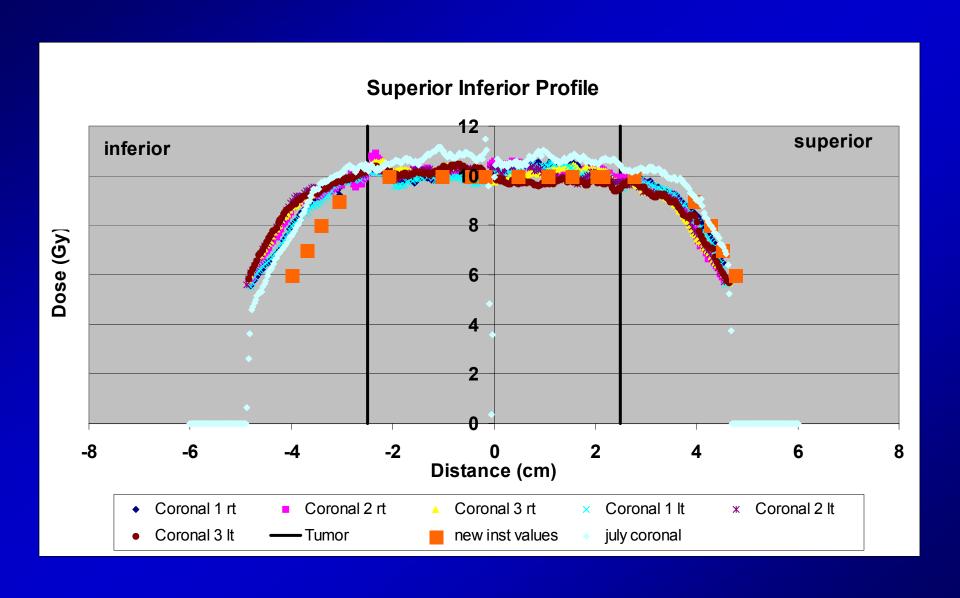
- Conformal Treatment Plans
 - Clinically constrained prescriptions
 - Helical delivery with 2.5
 cm field length
 - 6 MV
 - 10 Gy to prescription point

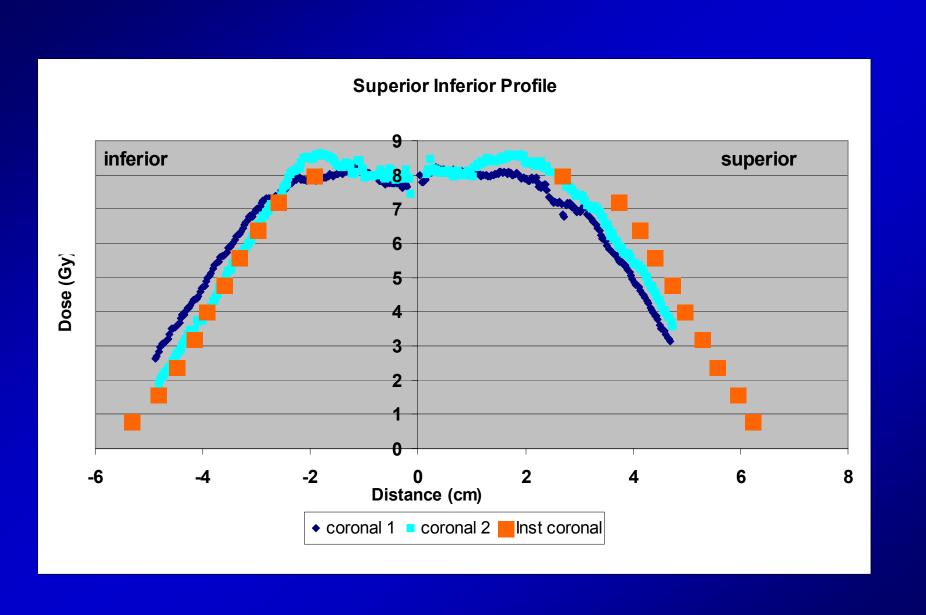


TLD Results (Doses in Gy)

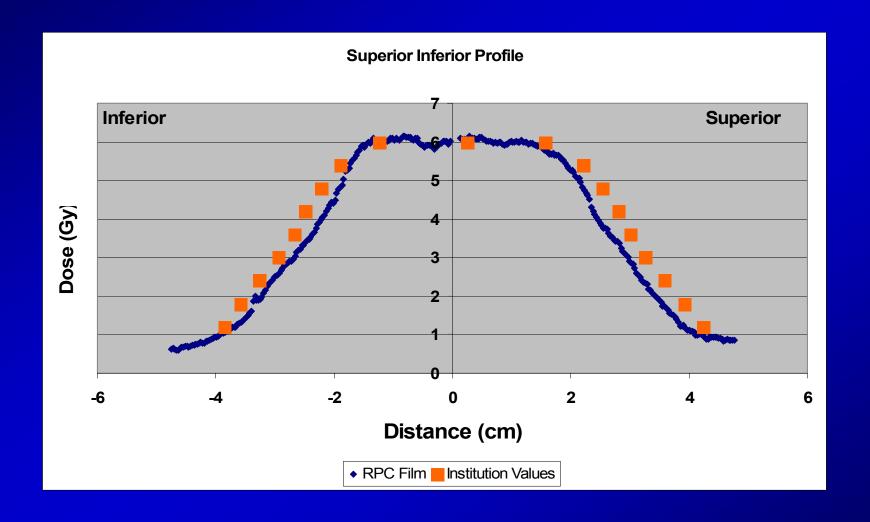
Irradiation	PTV Sup	PTV inf	Cord	Heart
1	9.85	9.93	1.11	1.35
2	10.06	9.93	1.07	1.30
3	9.85	10.00	1.05	1.29
4	9.92	9.84	1.06	1.26
5	9.79	9.85	1.06	1.27
average	9.90		1.07	1.30
std dev	0.08		0.03	0.03
Meas./Calc.	0.99			







With fiducials marking the center of the target



Conclusions

- 1. Patient doses form the MV CT are negligible compared to the total prescription dose delivered.
- 2. The TomoTherapy Planning Station heterogeneity correction algorithm calculates the tumor dose correctly in the presence of a lung heterogeneity.
- 3. Caution is warranted in the setup of patients using the MV CT, especially for symmetric tumors.



